

### Basic Facilitator Training Course

**Aspen3 Pte Ltd** vision is to "Creating a contributing community through exploration, connection and growth". Our training focus is on the development of both Self Leadership as well as Team Leadership. We emphasize on Adventure, Character and Leadership, Learning Community and Diversity in our programs.

It involves social bonding ...



Our work involves serious learning ...



and serious **FUN!!**



and community sharing.

It also involves taking care of yourself so that you can take care of others.



We hold training briefing in our office to present:

- Aspen3 Pte Ltd
- Basic Facilitator Training Course Outlines
- Remuneration Package for Part-Time Facilitator

Welcome to our Basic Facilitator Training! Our facilitators call this workshop BFT passionately as it is the foundation workshop for everyone. It provides a solid platform for us to build a common language as well as strengthen our common understanding in the area of facilitation. In this workshop, many opportunities are offered to you to facilitate others as well as yourself. A wide range of facilitation techniques such as OB+, Prop-Based Debrief, Metaphoric Debrief as well as Movement Debrief are covered. In addition, you will be participating in many adventure activities to explore and elevate your personal effectiveness.



Please join us in the presentation **if you are passionate about facilitation, open to being facilitated, excited about learning and prepared to work with us towards the company vision.**

### Basic Facilitator Training Course – BFT

- **Date: Weekends - 2 Full Day**
- **Time: 0830 – 2200 hours**
- **Location: 1 Irving Place, The Commerze@Irving.**
- **Maximum Capacity: 20 participants**
- **Training Fee: S\$ 200.00 (for those interested to join us as freelance facilitator)  
S\$ 750.00 (for public)**

Please contact Weiqing/Yvonne at 64876323 or 93664202/98550505 to find out more. We reserve the right to accept or reject anyone in the participation of the presentation.